

Education

Doctorate of Acupuncture (December 2020)
The Won Institute, Glenside, PA

Chinese Herb Certification (December 2013)
The Won Institute, Glenside, PA

Masters in Acupuncture (February 2011)
Tai Sophia Institute, Laurel, MD

Associates Degree, Pastry Arts (October 2000)
The Restaurant School, Philadelphia, PA
Highest Academic Achievement Award

BS Business Administration (June 1992)
Widener University, Chester, PA

Professional Work Experience

Eastman Acupuncture, Allentown, PA (September 2016 to December 2022)
Licensed Acupuncturist

- Diagnose and treat up to 4 patients an hour in a fast-paced community setting
- Utilize TCM theory, Dr. Tan Balance Method and Master Tung style acupuncture
- Experience treating patients ranging acute and chronic pain, digestive disorders, emotional well-being, insomnia, allergies and general wellness
- Chart daily patient progress utilizing electronic medical records (EMR) software
- Experience treating ages ranging from 18 to 95
- Educate patients on diet, exercise, and stress management to enhance overall health

Private Practice, Home Office, Newark, DE (January 2015 – September 2017)
Licensed Acupuncturist

- Diagnose and treat up to 3 patients an hour in a semi-private clinic setting
- Prescribe herbal formulas and nutrition supplements where appropriate
- Focus on pain management, stress management and digestive disorders

Crossroads Restaurant, Wilmington, DE (February 2013 to February 2014)
Consultant

- Designed space and implemented in-house pastry and baking production to diversify and increase revenue sales for a high-volume restaurant

Penn North Neighborhood Center, Baltimore, MD (January 2012 to January 2013)

Licensed acupuncturist, clinical supervisor

- Addiction treatment facility in Baltimore City serving community residents
- Supervised acupuncture students from Tai Sophia Institute administering the 5 needle NADA protocol ear treatment
- Oversaw 40-60 clients in a group setting at once
- Responsible for maintaining a peaceful environment during treatment times
- Treated clients individually using distal and body acupuncture for pain management, stress relief and general wellness
- OSHA record keeping, patient progress reports and charting, group debriefs with students after each treatment session

Baltimore City Detention Center, Baltimore, MD (October 2011 to January 2013)

Licensed Acupuncturist/acu-detox specialist

- Performed the 5 needle NADA protocol to eligible incarcerated individuals in the detention center's drug rehabilitation program
- Responsible for all patient progress through written paper documentation
- Prepared daily readings and music for three groups of inmates per day
- Consulted daily with program counselors on patient progress

Papa's Baking and Pastry Co., Wilmington, DE (May 2000 to May 2006)

Owner/pastry chef

- Retail and wholesale pastry shop specializing in high quality products
- Responsibilities included all aspects of starting and operating a small business including training staff, payroll, marketing, product cost analysis and product development
- Awarded several accolades including Best of Delaware and Best Pastry Shop five consecutive years
- Sold business at five years to go back to school (for acupuncture)

Four Seasons Hotel, Philadelphia, PA (November 1999 to July 2000)

Bruno Pasticceria, New York, NY (August 2000)

Pastry chef apprentice

P&C Roofing Inc., Wilmington, DE (June 1991 to May 1999)

Treasurer

- Responsible for all the bookkeeping, payroll, liability and health insurance, profit sharing plan administrator, and OSHA record keeping for a small/medium sized construction company

Teaching Experience

The Won Institute, Warminster, PA (January 2021 to present)

Adjunct Faculty – Acupuncture Medical Theory II

- Lead instructor, four-hour weekly lecture to first year master level acupuncture students introducing the TCM four diagnostic methods, eight principles, and zang-fu theory.

The Won Institute, Warminster, PA (May 2021 to present)

Clinical Supervisor – Student Acupuncture Clinic

- Supervise master level acupuncture clinical interns guiding them on diagnosis, treatment principle and strategy, correct point location, needling and ancillary treatments.

The Won Institute, Warminster, PA (May 2021 to present)

Clinical Supervisor – Stephen Klein Wellness Center/Veterans Multi Service Center (Philadelphia, PA)

- Supervise master level acupuncture clinical interns delivering the NADA protocol and acupuncture treatments to underserved population in a community setting

The Won Institute, Glenside, PA (August 2019 to May 2020)

Teaching Assistant – Clinical Skills and Mentor Group

- Guided students in proper instruction on clinical skills including moxibustion, cupping, gua sha, bloodletting, trigger point needling

The Won Institute, Glenside, PA (January 2020 to April 2020)

Teaching Assistant – Needle Practicum

- Guided students in proper needling techniques of acupuncture points including Clean Needle Technique instruction and certification

Tai Sophia Institute, Laurel, MD (January 2012 to May 2012)

Assistant faculty, Community Partnership & NADA Training course

- Assisted students in proper NADA needling techniques and administering treatment
- Worked with faculty on developing class lectures

Licenses and Certifications

Licensed Acupuncturist, State of Delaware (August 2014 to present)

Licensed Oriental Medicine, State of Pennsylvania (April 2014 to present)

Licensed Acupuncturist, State of Maryland (May 2011 to May 2016, currently inactive status)

Diplomate in Oriental Medicine, NCCAOM (August 2014 to present)

Diplomate in Acupuncture, NCCAOM (August 2011 to August 2014)

Auricular Detox Specialist/ADS Certification, NADA (July 2009 to present)

Health Counselor Certification, Institute for Integrative Nutrition, New York, NY (June 2007 to present)

Current Professional Associations

Acupuncturists Without Borders

NADA

Association for Professional Acupuncture (APA PENN)

People's Organization of
Community Acupuncture

American Society of Acupuncturists

Si Yuan Global Balance Foundation

Volunteer and Service Work

Acupuncturists Without Borders Mission, Tijuana, Mexico (December 2019)
Served the refugee population in local health clinics at the US border

Steven Klein Wellness Center, Philadelphia, PA (October 2019 to March 2020)
Licensed acupuncturist, group setting acupuncture treatments serving underserved and addiction population in North Philadelphia, PA

Global Balance Foundation Humanitarian Acupuncture Mission, Battambang, Cambodia (Aug 2019)
Set up and worked alongside Dr. Paul Wang and team members in a community setting acupuncture clinic inside a local hospital utilizing Dr. Tan Balance Method

Acupuncturists Without Borders World Healing Exchange, Israel and the West Bank (March 2019)
Worked with Israeli acupuncturists, set up NADA style acupuncture training for Palestinian health workers in the West Bank

Brad Whisnant Seminars, Humanitarian Acupuncture Mission, Dien Khanh, Vietnam (April 2018)
Worked alongside Dr. Brad Whisnant and team members in local health clinics utilizing Master Tung and Dr. Tan Balance Method acupuncture styles

Real Partners Uganda, Mustard Seed Academy, Lukaya, Uganda (February 2016)
Mission trip to help develop school programs and campus life development

Shepherd's Integrated Health Clinic, Baltimore, MD (January 2012 to June 2012)
Licensed acupuncturist, community and private acupuncture treatments to underserved community

Habitat for Humanity Mission trip, Naivasha, Kenya (August 2011)
Built stone houses along with team members to a political war displaced community

Big Brother/Big Sister of Delaware, Wilmington, DE (July 2010 to July 2012)
Mentor and 'big sister' to young girls in the foster care system

Rodale Institute, Kutztown, PA (June – October, 2006 to 2008)
Worked with team maintaining on-site organic vegetable and herb garden

Professional Development

Study abroad with The Won Institute of Graduate Studies
Wonkwang University Medical Center, Iksan, South Korea (July 2023)

Acupuncture Community in Action, Leadership Gathering
Acupuncturists Without Borders, Kensington, NH (October 2019)

Advanced Clinical Auriculotherapy & Auriculomedicine with Dr. Paul Nogiers
Auriculotherapy Seminars, Rockville, MD (October 2018)

Master Tung Acupuncture with Dr. Brad Whisnant
BWS Seminars, Syracuse, NY (April 2016)/Chicago, IL (September 2017)

Balance Method Acupuncture
Si Yuan Balance Method Acupuncture, New York, NY (September 2016)

Balance Method with Dr. Richard Tan
Dr. Richard Tan, Philadelphia, PA (October 2012), Boston, MA (December 2014), New York, NY (June 2014)

Clinical Integration Class with Lonny Jarret
Lonny Jarret, L.Ac., Stockbridge, MA (September 2010 to September 2011)

NADA training, assisted with ADS training under direct supervision from Dr. Michael Smith
NADA Annual Conference, Kansas City, MO (May 2011)

Healing Community Trauma training
Acupuncturists Without Borders, New York, NY (June 2011)

Personal Enrichment

History WWII/personal excursion to Germany and Poland (March 2016)

Hiking/Cultural excursion to Machu Picchu, Peru with National Geographic (September 2015)

Hiking/Cultural excursion to Bhutan, visit to Institute of Traditional Medicine (November 2009)

Five-day lecture, The Great Treatise on the Stages of the Path to Enlightenment
Lehigh University, Bethlehem, PA (July 2008)

